

Physical Education Teaching Philosophy 2

Being a teacher is a privilege because it gives professionals the chance to positively affect the world. While teachers will not always be able to control how their students are treated outside of school, they must provide classroom environments that are safe, promote self-esteem, and encourage communication. Beyond teaching about important subject matter, educators need to equip students with the tools that will help them to live happy, responsible, and empathetic lives.

Health and physical education are integral to the development of well-balanced individuals, and help students develop the knowledge and skills needed to maintain healthy and active lifestyles. Their classrooms serve as unique environments where students can acquire values and skills that may be used in meaningful ways. The purpose of health and physical education is to build and inspire behaviors that improve wellness.

Content taught in my classes will be based on the National Standards for Physical Education, the New Jersey Core Curriculum Content Standards (NJCCCS), and the local curriculum. These content standards include wellness, drugs, relationships and sexuality, motor skills, and fitness. The NJCCCS serve as a valuable resource that I will use by making the cumulative progress indicators my students' objectives.

The developmental level of students will determine the combination of authentic assessments that students will be evaluated on. Different assessments such as those conducted by the teacher, peers, and the students (self-assessments) will contribute to their evaluations. After each class, I will evaluate the effectiveness of the lesson and my teaching. I will reflect on students' participation, interest, and enthusiasm throughout

class. This assessment will help me decide if any modifications to the lesson are necessary.

Each lesson will be presented with enthusiasm, using creative strategies to increase involvement. Class activities will incorporate physical, linguistic, mathematical, spatial, musical, interpersonal, and intrapersonal challenges. Students can expect my classes to be well-organized, and they will feel safe because I will maintain control of the class. I will frequently use a command style of teaching to help ensure that objectives are completed efficiently. At times students will accomplish objectives with partners, in groups, and at their own pace. Students will be encouraged to ask questions and provide feedback.

It is important that teachers provide classroom environments in which students feel motivated to learn, question, and engage in activities. I think students learn concepts for a lifetime when teachers engage their emotions by relating lessons to what is meaningful to them. Most lessons should address the cognitive, psychomotor, and affective domains. Overall, I will remember that people usually remember most of what they say and do when involved in an activity.